



# Olympic Step Tracker



Every step brings us closer to the podium! Input the number of steps taken for each day. At the end of each week, total up the number of steps.

Submit your completed form online at [healthhubcanada.com/olympic](http://healthhubcanada.com/olympic). (All prizes are considered a taxable benefit.)

Associate Name: \_\_\_\_\_

AIN: \_\_\_\_\_

Work Location: \_\_\_\_\_

Milestones: Bronze = 10,000 steps | Silver = 25,000 steps | Gold = 50,000 steps

**Weekly Goal: 25,000 steps**

WEEK 1	
Day 1	
Day 2	
Day 3	
Day 4	
Day 5	
Day 6	
Day 7	
<b>TOTAL</b>	

WEEK 2	
Day 1	
Day 2	
Day 3	
Day 4	
Day 5	
Day 6	
Day 7	
<b>TOTAL</b>	

<b>TOTAL STEPS (Week 1 + Week 2):</b>
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